

MEET TIFFANY

This Is A Farmhouse

| By Noël Soisson

Every Saturday, local Hanoverians can take advantage of locally grown, organic, and sustainable food from This Is A Farmhouse!

This Is A Farmhouse Vegan Deli and Morgan Peri Organics Farms and Healing Nursery were born in 2017 when Tiffany and her husband and business partner, Corey purchased an acre in Glen Rock with the intent of providing locally grown, organic, sustainable food and greens to the community.

Their licensed nursery and kitchen are in Glen Rock, but they have been offering year-round sales at The Hanover Market House in the heart of downtown Hanover since 2018. Tiffany says there's something "really beautiful" about being a part of one of the few historic market buildings in the area, full of rich history where customers have been buying eggs in the same location for 50 years.



This Is A Farmhouse stands out as the sole licensed vegan kitchen in York County. Their deli showcases exclusively homemade farm-to-table recipes, preservative-free seitan, gluten-free cookies, and other baked goods. Their most eaten item is the vegan "Phish Salad" with a side of olive tapenade. The kitchen is combined with their licensed and home propagated healing nursery, Morgan Peri Organics. Tiffany and Corey grow all their own plants and can offer tips and knowledge to create more opportunities for plant-based healing in your daily life.



THIS IS A FARMHOUSE

The Hanover Market House
210 E. Chestnut Street, Hanover, PA 17331

Saturdays, 6am -1pm

welcomethisisafarmhouse.com



For those hesitant about vegan cuisine, Corey, the chef (who is also a meat-eater) ensures that the dishes are crafted to resemble familiar flavors and textures. This season Tiffany and Corey are getting back to their roots, growing as much delicious produce as their four hands can. Look for more of their greens produce this March.

In addition to being at The Hanover Market House, you can also find their products at Main St Market in Glen Rock six days a week. They also pop in at local markets and festivals in the Maryland and Pennsylvania regions.

As homeowners in the area, This Is A Farmhouse has no plans of going anywhere anytime soon! Over the years they've been able to make small improvements to their business, like obtaining a deli case through a grant to showcase their products. They also have further aspirations to expand and refine their appearance and products. For Tiffany, her main goal is to foster connections within the community. Her vision is to establish a business that stands by the community in the long run, with hopes that the community will reciprocate the support. ■

